

Painted Oaks Academy

What to Bring and Wear

Riders need to arrive **READY TO RIDE**. This includes children dressed in Jeans or Leggings with Boots or Tennis Shoes on. For the safety of your children **NO SHORTS** allowed when riding horses. Please make sure all items are **labeled** with your child's name.

Please have your child bring:

Jeans or leggings (for riding)
Shorts (for after riding)
Tank top or T-shirt
Tennis Shoes or Boots
Bathing Suit
Towel
Clean Dry Clothes (to change into after swimming)
Swim Goggles
Healthy Bag Lunch- Monday thru Thursday only
Snacks
Water/Gatorade (**No smaller than a 1/2 gallon bottle**)



Yes!



No!

Carrots/Sliced Apples for their Horse
Sunscreen/Bug Spray Hats/ Sunglasses
FUN FRIDAY PIZZA PARTY—WE Provide Lunch: Cheese Pizza, Capri Suns, Water, Fruit, Chips, and Healthy Snacks

*NO ELECTRONIC DEVICES ALLOWED – NO CELL PHONES PLEASE (Phones can be checked in with Ms. Lisa – Stolen /Broken/Wet Phones Possible)

If you have any questions please give me a **text at 407-929-0970!**

Thanks so much,
Lisa Ottersen

Painted Oaks Academy 15100 Lake Pickett Road, Orlando, FL 32820